County Cork Swimmers (plus a bit of Kerry Coastline)

Last Updated 9 May 2017

Long Distance (5km solo or 20km relay) Open Water Swims

Reported Area: County Cork and the Kerry Coast/Islands up to Dolus Head

This is the best record of long swims undertaken by swimmers from County Cork (resident at the time of the swim or very actively part of the Cork open water community [see note** at the bottom of the document]) anywhere in the world or by anyone swimming in the reported area. This same definition is applied for “Irish First” below.

The leadership committee of the Sandycove Island Swim Club has certified this list up to the end of 2014. In some cases, these were witnessed swims (example English Channel), in other cases part of organised events (example Beginish Island) and in other cases, the committee has relied on the word of the swimmers/boat crew and has no reason to question the veracity of the accomplishments.

The starting point is set as an epic (so from>to rather than out and back) 5km solo swim (or 20km relay). On solo or small group swims, distance is taken as the shortest possible line regardless of the variations the swimmer actually swims. For mass swimming events, we take the organiser’s distance (example – it may measure 4.75km but the organisers call it a 5km swim – it is taken as 5km for the purposes of this report). Some other shorter – but unusual/epic swims are also included.

Generally the rules are: no helpful contact with the boat or another person and no rest stops on land. However, exceptions are made where the terrain forces a land crossing, staged 6+ hour training swims where standing feeds are required or the organisers’ rules insist on exit (and restarts) for things like lightening. Generally only swims “completed” are counted – a few exceptions are included below.

Several swimmers have requested not to be on this list.

Wetsuit swims and use of flippers are of course included – but noted (except in the initial 25k, 10 mile and 10k listings).

In a very rough sense (there is no formula) the solo swims and relays are ranked in
order of difficulty (distance, solo versus mass swim, first ever, typical time taken, cold, typical conditions and time away from sight of land). Comments on this welcome – but beware there will be no real justice in the order of listing!

Many swim organisers exaggerate the distance of historic events – we are using these distances to avoid conflict!

Any additions/revisions are welcome and should be addressed to: ned.denison@corkopenwater.com

There are three different definitions of the distance of a “marathon swim”: 25k, 10 miles (16.3k) and 10k. 130 Cork based swimmers (at the time of their swim) generally completing their swim, reaching each level (for an epic or race versus training swim) are listed below – only for their highest level.

**25k Gold (32 swimmers) with (number accomplished)**

**10 miles Silver (15)**
Gordon Adair, Catherine Arundel, Noel Browne, Eilis Burns, John Conroy, Nevada, Eoin O’Sullivan, Riana Parsons, Nathan Timmins and Helen Walley

**10k Bronze (85)**
Danielle Arundel, Steven Black, John Bowe, Charley Breen, Sean Buckley, Rita Campion, Grace Clifford, Sarah Clifford, James Colbert, James Collins, Alan Craughwell, Neill Deasy, Cyril Desmond, Declan Desmond, Niamh Dwyer, Terry Fleming, Steve Foster, Fergus Galvin, Tadhg Harrington, Angela Harris, Mike Harris, Paschal Hedderman, Aidan O’Herlihy, David Hodge, Orla Houlihan, Diarmuid Herlihy, Rian Herlihy, Orlando Hill, Billy Horgan, Mary Horgan, Sandra Howard, Alex Jeffers, David Joy, John Kearney, Ita Kirwan, Pádraig Leahy, David Lee, Maeve Linehan, Barry Madden, Catherine Mahon, Ray Mc Ardle, Tom McCarthy, Sevy McCullagh, John McGrath, Alan McGuinness, Una McIntosh, Sarah McKnight, Sarah McSweeney, David Merriman, Denis Merritt, Jerry Moore, Frankie Moynahan, Maeve Mulcahy, Nick Mulcahy, Anna-Marie Mullally, Ann Murphy, Shane Murphy, Mairead Ni
SOLO SWIMS

English Channel – OVER AND BACK (68km as the crow flies - actual swim 84km to 110km) **Irish First**
2009 Lisa Cummins

Ocean 7: English, North, Molokai and Catalina Channels; Tsugaru Gibraltar and Cook Strait **World First**
2012 Stephen Redmond

Triple Crown of Open Water Swimming: English Channel, Catalina and Manhattan **Irish First**
2012 Eddie Irwin (1st) then Ned Denison and Gábor Molnár
2013 Ciaran Byrne

North Channel (Between Scotland and NI - 34km as the crow flies - actual swims 42km to 55km)
2010 Stephen Redmond
2014 Finbarr Hedderman

English Channel (34km as the crow flies - actual swims 42km to 55km)
2005 Ned Denison, Imelda Lynch and Diarmuid O’Brien
2006 Danny Coholan
2007 Ray Terry
2008 Finbarr Hedderman, Eddie Irwin and Niall O’Crualaoich
2009 Sylvain Estadieu, Owen O’Keefe (youngest in Ireland and fastest born in the Republic) and Stephen Redmond (see also Lisa Cummins for over and back)
2010 Donal Buckley, Ciaran Byrne, Jennifer Hurley, Liam Maher and Gábor Molnár
2012 Rob Bohane, Jennifer Lane and Craig Morrison
2015 Trevor Malone
2016 Bernard Lynch

Tsugaru Strait (19.5km) **Irish First**
2012  Stephen Redmond

**Molokai Channel (42km)** **Irish First**
2012  Stephen Redmond

**False Bay (34km)** **Irish First**
2012  Ned Denison

**Cook Strait (34km)**
2012  Stephen Redmond

**Santa Barbara Channel Solo (33km)**
2006  Ned Denison *speed record 2006-2012*

**Catalina (32km)** **Irish First**
2011  Stephen Redmond
2012  Ned Denison, Eddie Irwin and Gábor Molnár
2014  Ciaran Byrne

**Hospitalitos (hospital stay after a marathon swim)**
2006  Ned Denison – hypothermia
2009  Lisa Cummins – shoulder
2010  Robert Bohane – water in lungs

**Baltimore Around Fastnet and into Schull (39km)** **First Time Recorded**
2011  Stephen Redmond
2012  Stephen Redmond

**Around Jersey Island – Channel Islands (66km “official distance” – Ned measured it at 54km)**
2010  Ned Denison
2013  Owen O’Keefe (male speed record at the time)

**Around Manhattan Island - New York (46km)**
2007  Ned Denison
2011  Eddie Irwin and Gábor Molnár
2012  Donal Buckley and Ciaran Byrne
2013  Carol Cashell and Lisa Cummins (boat assisted) and Liam Maher (boat assisted)

**Around Valentia Island (27km)** **First Time Recorded**
2008  Ned Denison
2013  Rob Bohane (speed record holder)
Dingle Bay Dolus to Slea Head (24km) **First Time Recorded**
2007  Kevin Murphy (King of the English Channel with 34 crossings)

Fermoy to Youghal (60km) **First Time Recorded**
2013  Owen O’Keefe

Castletownbere to the Mizen Head (24 km) ** First Time Recorded**
2013  Stephen Redmond

Around Bere Island (24 km) ** First Time Recorded**
2013  Carol Cashel

Jersey to France (26 km)
2013  Ned Denison

Ballycotton to Ardmore (25 km) ** First Time Recorded**
2015  Carmel Collins

Formigues Illes to Medea (22.3 km)
2015  Eilis Burns (wetsuit)

Formentara to Ibiza (South East End) (30km)
2016  Ned Denison

Rottnest off Perth Australia (19.8km)
2006  Helen Walley
2009  Jennifer Hurley and John Conroy
2010  Jennifer Hurley
2012  Ned Denison
2014  Lisa Cummins

Around Cobh Island (26km) ** First Time Recorded**
2006  Ned Denison

Cork City to Myrtleville (25km) **First Time Recorded**
2009  Owen O’Keefe

Fastnet to Schull (20km) ** First Time Recorded**
2009  Stephen Redmond
2012  Catherine Arundel

Sandycove to Myrtleville (24km) ** First Time Recorded**
2012  Damian O’Neill (wetsuit)
2013  Bernard Lynch and Damian O’Neill

**Skellig Michael to Portmagee (19km) ** First Time Recorded**
2007  Rob Bohane
2009  Owen Kiely (wetsuit)

**Fastnet to Baltimore (20km) ** First Time Recorded**
2009  Stephen Redmond
2014  Noel Browne and in wetsuits: Sean Murray and Eoin O’Sullivan
2016  Nathan Timmins

**Roches Point to Ballycotton (22km) ** First Time Recorded**
2015  Carol Cashell, Eddie Irwin, Bernard Lynch and Liam Maher

**Ile du Levant via Cap-Blance to Hyéres (24km) ** First Time Recorded**
2014  Ned Denison

**Cappoquin to Youghal (26.4km) ** First Time Recorded**
2012  Owen O’Keefe

**Menorca (25km)**
2015  Ned Denison

**Inch to Dingle (23.5km) ** First Time Recorded**
2016  Gordon Adair

**Kilmakillouge Pier to Kenmare Pier (22km) ** First Time Recorded**
2016  Ita Kirwan (wetsuit)

**Around Key West (20km)**
2014  Carol Cashell, Lisa Cummins, Nora Irwin, Roisin Lewis, Eoin O’Riordan and Riana Parsons

**Strait of Messina (12.8km) four-way**
2014  Ned Denison (speed record)

**Around Anacapa Island – California (16.3km) **First Time Recorded Counter Clockwise**
2016  Ned Denison

**Kilmacsimon down Bandon River to The Dock to Speckled Door (23km) ** First Time Recorded**
2006  Danny Coholan and Imelda Lynch
This document records accomplishments – which normally means reaching the end/completing the swim. In the case of the marathon solo swimmers who did not reach their destination – they accomplished in a different way. They had the courage to announce and act on a dream, dedicated years, sacrificed, trained and mentally found the courage to take on the challenge. Some began their attempts but didn’t make it to the other side and others never had favourable weather and hence didn’t even start. We salute them for the most epic of goals:

Irish Sea: Stephen Redmond
North Channel: Imelda Lynch

English Channel - Solo:
Páraic Casey, who passed away one kilometre from France

Steven Black, Carmel Collins, John Kearney, Roisin Lewis, Anne-Marie Mullally, Catherine Sheridan and Danny Walsh

English Channel - Relay: Rian Herlihy

Around Jersey: Liz Buckley

Gibraltar Strait: Michael Hurley

Loch Lomond: Ned Denison

Apache Lake: Finbarr Hedderman

Roosevelt Lake: Anne-Maria Mullally

Fastnet to Baltimore: Ned Denison

Formigues Illes to Medea: Robert Bohane, Ciaran Byrne, Carol Cashell, Lisa Cummins, Ned Denison, Angela Harris, Orla Houlihan, Liam Maher, David Merriman, Jonathan O’Regan, Eoin O’Riordan, Riana Parsons, Alan Rodgers
Around Hare Island: Steve Black, David Merriman and Owen O'Keefe

Courtmacsherry to Old Head: Ned Denison

This section does not include swimmers who “eventually” made their goal on the 2<sup>nd</sup>, 3<sup>rd</sup>, etc. attempt. There are no dates listed as this never truly heals. When any of the above do return and complete – their name will be placed elsewhere in this document and deleted with delight from this section. This section does not include relay swimmers who at least had company!

**Shore to Tory Island (13.7km) ** First Time Recorded**
2012 Owen O'Keefe

**Rathmullan Beach to Port Salon (17km) ** First Time Recorded**
2015 Eoin O'Riordan (wetsuit)

**Cape Clear to Schull (11.8km) ** First Time Recorded**
2014 Catherine Arundel and in wetsuits: Danielle Arundel, Deirdre Ni Challanain, Niamh Dwyer, Sarah McKnight, Ann Murphy, Gary Quin and Robin Wells

**Strait of Gibraltar (14.4km)**
2007 Diarmuid Herlihy (previous speed record – Ireland)
2008 John Kearney
2010 Sarah Clifford and Owen O'Keefe
2011 Steven Black, Imelda Lynch, Stephen Redmond and Ossi Schmidt
2012 In wetsuits: James Collins and Niall Vaughan
2013 Ned Denison, Eddie Irwin, David Lee, Liam Maher, Trevor Malone (speed record Ireland later broken), Una McIntosh (wetsuit) and Sarah McSweeney
2014 Gordon Adair (wetsuit), Steve Foster (wetsuit), Rian Herlihy (female speed record – Ireland at 16 later broken)
2015 Sean Murray (wetsuit) and Eoin O’Sullivan (wetsuit)
2017 Noel Browne and Donal Buckley

**Around Sherkin Island from Baltimore (16km) ** First Time Recorded**
2011 Owen O’Keefe

**Salutation Islands (part of Devil’s Island prisons) (12.7km) ** First Time Recorded**
2016 Ned Denison

**The Cold Half – Hong Kong (15km stated – maybe 13.8km actually)**
2017 Aidan O’Herlihy and Ned Denison (new Course Record)
2014 Ned Denison – Course Record
Galway Bay (10.4km)
2009  Alan Craughwell and Pat O’Loan
2011  Alan Craughwell
2013  Jim Shalloo
2015  Riana Parsons
2016  Ned Denison, Brendan O’Brien, Barbara Anne-Richardson (wetsuit), Brenda Sisk and Marie Walson

Rathlin Island (10km)
2008  Ned Denison

Sandycove to Speckled Door to Sandycove – Twice (20km) ** First Time Recorded**
2006  Danny Coholan and Imelda Lynch

Speckled Door Around the Sovereign Island and Back (16km) ** First Time Recorded**
2010  Gábor Molnár

Glandore Slipway to Squince Harbour and Back (15km) **First Time Recorded**
2012  Maeve Mulcahy

Around Cape Clear (13km) ** First Time Recorded**
2012  Owen O’Keefe

Kilmacsimon down Bandon River to Sandycove (15.8km)
2015  Dan Curtis

Ballycotton Pier to Caple Island (14km) ** First Time Recorded**
2014  Carol Cashell, Eddie Irwin and Liam Maher

San Miguel Marina to Montana Rocca to Los Abrigos (11 km) ** First Time Recorded**
2014  Rian Herlihy

Baltimore to Schull (15.4km) 10 C average ** First Time Recorded**
2012  Stephen Redmond

Around Robben Island – Cape Town South Africa (11km)
2011  Ned Denison

Lough Erne (17km)
2009  Ciaran Byrne and Owen O'Keefe
2015  Nancy Edmead

**Ballycroneen to Garryvoe (13.5km) **First Time Recorded**
2012  Carol Cashell and Eddie Irwin

**Warren Beach (Rossscarbery) to Redstrand (11km) **First Time Recorded**
2012  Ciaran Byrne and Lisa Cummins

**Courtmacsherry headland to under Old Head Lighthouse (11km) **First Time Recorded**
2016  Carol Cashell

**Lough Swilley (13km)**
2004  Mairead Ni Eidhin

**Cork to Cobh (16km) ** First Time Recorded 2009**
2009  John Downes, Tadhg Harrington, Ciaran Byrne, Fergal Somerville, Linda Clarke and Ned Denison
In wetsuits: Nicole Clancy, Vince Harrington, Karen McEvoy, Fergus Galvin, Bernard Lynch, Alan McGuinness, David Merriman, Páraic Casey, Eilis Wilcox, Liam Maher, Billy Horgan and Eddie Irwin
2010  Carmel Collins, Ned Denison, Sue Free, Tadhg Harrington, Eddie Irwin, Jennifer Lane, Roisin Lewis, Craig Morrison, Brendan O'Carroll, Elaine O'Grady, Fergal Somerville and Fionnuala Walsh
In wetsuits: Carol Cashell, John Edwards, Vincent Harris, David Merriman, Shane Murphy, Eoin O'Riordan, Brian O'Shea, Mags O'Sullivan, Alan Rodgers, Ken Rodgers, Jim Shalloo, Niamh Sweeney, Triona Whelan and Kevin Williams
2012  Colm Breathnach, Patrick Corkery, Trevor Malone, Gábor Molnár, Alan Rodgers, Ken Rodgers and Pearse Ryan
In wetsuits: Maeve Carey, Fergus Galvin, Angela Harris, Vincent Harris, Adrian Healy, Maeve Linehan, David Merriman, Jonathan O'Regan and Brian O'Shea
2013  Ned Denison, Mark Hannigan, Donal Jacob, Roisin Lewis, Gábor Molnár, Jowita Pleskot, Warren Roche, Alan Rogers and Sabrina Wiedmer
In wetsuits: Sean Buckley, James Colbert, Fergus Galvin, Vincent Harris, Adrian Healy, Stephen Kelly, Shane Malone and Craig Morrison
2014  Grace Clifford, Adrian Healy, Sandra Howard, Jonathan O'Regan, Alan Smith and Sabrina Wiedmer
In wetsuits: Sam Blonde, Fergus Galvin, Vincent Harris, Orla Houlihan, Alex Jeffers, Ita Kirwan, Denis Merritt and John O'Callaghan
2015  Maeve Carey, Kevin Dennehy, Adrian Healy, Orla Houlihan, Jonathan O'Regan, Nathan Timmins and Sarah Tunnicliffe
In wetsuits: Cyril Desmond, David Hodge, Ita Kirwan, John McGrath, David Merriman, Andrew O'Leary, Brian O'Shea, Judy Rea and Kieran Ruane
Individual Medley around Sandycove – to slip each lap (7.2km) **Unusual – so included**
2008  Trevor Woods (wetsuit)
2009  Sylvain Estadieu

Cork City to Monkstown (12.8km)
2009  Ned Denison

Myrtleville to Monkstown (10km) – Keeping Spike to Right
2013  Orlando Hill (wetsuit) **First Time Recorded**
2015  Carmel Collins and Orlando Hill

Cape Clear to Schull (11.8km)
2009  Stephen Redmond **First Time Recorded**
2010  Stephen Redmond

Cleggan Pier to Inisbofin (11km)
2006  Helen Walley, Imelda Lynch, Danny Coholan and Ned Denison plus John Conroy (wetsuit)

Sandycove to Speckled Door to Sandycove to Speckled Door (15km)
2006  Danny Coholan and Imelda Lynch (several times)

Fastnet to Cape Clear (9km) **First Time Recorded**
2009  Steven Black
2015  Ned Denison (into the South Harbour) 9.1km

Fuerteventura to Lanzarote (11.15km)
2016  Ned Denison

Castletownshend to Union Hall (12.5km) **First Time Recorded**
2015  Noel Brown, Sean Murray (wetsuit) and Eoin O Sullivan (wetsuit)

Sandycove to Nohoval (11km) **First Time Recorded**
2012  Bernard Lynch

Copper Coast Swim **First Time Recorded**
2011  Donal Buckley (2 weeks in August) in segments
   Annestown to Kilfarassey (Yellow Rock). About 5+ kilometres.
   Annestown to Boatstrand. About 6 kilometres.
   Kilfarassey (Sheep Island to Yellow Rock). About 6+ kilometres.
   Bunmahon to Ballydowane Cove. About 5+ kilometres.
   Ballydowane to Ballyvooney. About 6 kilometres.
Tramore Bay to Annestown Beach (10k) **First Time Recorded**
2014 Donal Buckley

Crosshaven Pier to Fountaintown to Myrtleville (10.5k) **First Time Recorded**
2012 Bernard Lynch and Damian O’Neill (wetsuit)

Wicklow (10k)
2013 Liz Buckley (wetsuit), Carol Cashell, Ita Kirwan (wetsuit), Owen O’Keefe and Eoin O’Riordan

Triple Break of Prison Swims:
1. Robben Island (South Africa),
2. Spike Island (Ireland)
3. Alcatraz Island (San Francisco U.S.A.)
4. Santa Cruz Island (California U.S.A.)
5. Rottnest Island (Perth Australia)
6. Île du Levant (France)
7. Île St Marguerite (France)
8. Île de Brescou (France)
9. Le Château d’If (France)
10. Devil’s Island (French Guiana)
11. Cockatoo Island (Australia)
12. Plus another 30+ available!

2006 Steven Black, Joe Donnelly and Mike Harris (all in order 1, 2 then 3), Ossie Schmidt (11, 2, 3 then 1) and John Conroy (11, 2, 3 then 5)
2006 to 2015 Ned Denison – 9 prisons (in order 2, 3, 4, 1, 5, 6, 7, 8, 9 and 10)
2008 Jennifer Hurley (in order 3, 5 then 2)

Lough Swilley (11km)
2006 Mairead Ni Eidhin (twice)

Capel Island into Youghal Bay (11km) ** First Time Recorded**
2006 Mairead Ni Eidhin

Sandycove (around the Island to Old Head (10km) ** First Time Recorded**
2014 Carol Cashell, Ned Denison and Eddie Irwin

Little Red Lighthouse Swim – New York (10km)
2011 Carol Cashell

Tramore Bay over and back (10km)
2008 Donal Buckley
2010 Donal Buckley
**Sandy Cove to Speckled Door to Sandy Cove (10km)**
2006 Danny Coholan (several times), Imelda Lynch (several times) and Steven Black and John Conroy (wetsuit)
2010 Rob Bohane, Donal Buckley, Ciaran Byrne and Jen Hurley
2011 Ken Rodgers and Trevor Malone (wetsuit)

**La Jolla Shores South Loop (11.5km)**
2015 Ned Denison

**Ballyc neuron to Ballycotton (9.5km)**
2012 Ned Denison

**Robben Island - Former Prison off Cape Town South Africa (7.4km)**
2001 Steven Black
2003 Steven Black, Joe Donnelly and Mike Harris
2011 Ned Denison
2015 Ned Denison
2016 Ossie Schmidt (wetsuit)

**Oysterhaven around both Sovereigns (7.8km) **First Time Recorded**
2013 Brian Lanahan and Gábor Molnár (three times)

**Sydney Australia (Pittwater) - Scotland Island to Lion Island (11km)**
2011 Craig Morrison

**Lough Ine/Tragumna – Winding Tour/Exploration (10km)**
2011 Gábor Molnár, Craig Morrison and Owen O’Keefe

**Around Cape Point into False Bay South Africa (8km)**
2011 Ned Denison **tied speed record 2011 to 2014**

**Garryvoe around Ballycotton and into Ballycotton Pier (11km) ** First Time Recorded**
2011 Carol Cashell and Ned Denison

**Around Reengaroga Island (10.5km) ** First Time Recorded**
2010 Steve Black and Sevy McCullagh (wetsuit) then later in the year John Kearney
2012 Owen O’Keefe

**Achmelvich Bay Twice – North Minch Scotland (10km)**
2010 Mike Harris

**Playa Honda - Airport (Lanzarote) (10k)**
Puerto Calero (Lanzarote) (10k)
2016 Gordon Adair, Orlando Hill, Barry Madden and Alan Wilkie

Blackrock Village to Cobh (13km) ** First Time Recorded 1973**
1973 Eilis Burns, Frankie Moynahan, Jerry Moore, David Joy, Rita Campion, Declan Desmond, Dinny O'Mahony, Paschal Hedderman, Catherine Mahon and others (?)
2007 Rob Bohane, Donal Buckley, Ciaran Byrne, John Conroy (wetsuit), Ned Denison, Sally Goble, Niall MacCarthy (wetsuit), Nick Mulcahy (wetsuit), Niall O'Cruaialaoich (wetsuit), Ossi Schmidt (wetsuit) and Noel Whitty
2008 Lisa Cummins, Sylvain Estadieu, Julieann Galloway, Charles Harper, Tadhg Harrington, Mike Harris, Jennifer Hurley, Roisin Lewis, Owen O'Keefe, Colm O'Neill and Rachel Smith
Rebecca Berkery, John Conroy, Fergus Galvin, Eddie Irwin, Bernard Lynch, David Merriman, Gerald O'Donnell and Eilish Wilcox (all wetsuit)
2009 Ray McCarthy (wetsuit)

Cuas Pier, Ardgroom to Parknasilla Co. Kerry (8.4km) ** First Time Recorded**
2014 Brian O’Shea (wetsuit)

Montana Amarillo to Montana Roja - south coast Tenerife (9.5km)
2011 Tom McCarthy

Matagorda Bay Lanzarote (8.5k)
2016 Gordon Adair, Orlando Hill, Barry Madden and Alan Wilkie

Rocky Bay to Myrtleville (8.2K) ** First Time Recorded**
2015 Gordon Adair, Eoin Lowry

Belgooly to Oysterhaven Coast Guard Station (8km) ** First Time Recorded**
2014 Ned Denison

Marnathon Cap de Creus Cadeques Spain (6.5km)
2013 Owen O'Keefe (wetsuit)
2014 In wetsuits: Eddie Irwin, Nora Irwin, Owen O'Keefe and Riana Parsons

Roches Point to Power Head 6km ** First Time Recorded**
2008 Ned Denison, Danny Walsh (wetsuit), Eddie Irwin (wetsuit), Niall O'Cruaialaoich (wetsuit then swam last 2km skins) and Donal Buckley (wetsuit then swam last 3km skins)

Kilmacsimon to Summercove (12km) ** First Time Recorded**
2010 Tom McCarthy
Cape Clear Comillane to Baltimore (8km) ** First Time Recorded**
2005  Ned Denison  
2014  Siadbh Redmond (wetsuit) and Stephen Redmond  
2015  Paul Schilling and Gary Minihane (Wetsuit)

Baltimore to Cape Clear Comillane (8km) ** First Time Recorded**
2005  In wetsuits: Norman Kelly and Kevin O’Brien  
2005  John Kearney  
2011  Ned Denison and Owen O’Keefe  
2012  Noel Browne and in wetsuits: Michael Hurley and Sean Murray  
2013  Noel Browne, Stephen Redmond and Eoin O’Sullivan (wetsuit)

Benidorn Island (7.5km)
2015  Carmel Collis

Garryvoe to Ballycotton Island and Back (7.5km) ** First Time Recorded**
2012  Helen Gibbs and Chris O’Sullivan (wetsuit)  
2013  Colm Breathnach, David Dammerman, Rory Fitzgerald, Helen Gibbs, Adrian Healy (wetsuit), Trevor Malone, Penny Palfrey and Milko vanGool  
2014  Keith Garry, Helen Gibbs, Colleen Mallon and Adam Walker

Fountaintown <> Church Bay and Back (8km) ** First Time Recorded**
2010  Bernard Lynch and David Merriman  
2011  Dave Aherne, Carol Cashell, Ned Denison, Bernard Lynch and David Merriman and Jim Shalloo (wetsuit)  
2014  Bernard Lynch (4 times)  
2015  Eilish Burns (wetsuit), Eddie Irwin, Bernard Lynch (21 times) and Trevor Malone

Sandycove Clockwise around then over to the Dock and back (8.5km) ** First Time Recorded**
2011  Colm Breathnach, Alan Clack, Michael O’Hare, Fionnuala Walsh and Kevin Williams

Kilmacsimon to Kinslade at 0.5k past bridge (11km)
2014  In wetsuits: Gordon Adair, Alex Jeffers and Peter Walsh

Dock2Dock London (10km)
2016  Brenda Sisk

Clew Bay (10km)
1999, 2000, 2003  Mary Horgan
2007  Donal Buckley
2009  Imelda Lynch and Ossi Schmidt (wetsuit)

**Lizard Point – Cornwall (7.5km) ** First Time Recorded**
2008  Owen O’Keeffe

**Around Heir Island (7.5km) ** First Time Recorded**
2011  Gábor Molnár and Owen O’Keefe

**Ballycotton to Garryvoe and Back (8km) ** First Time Recorded**
2011  Eddie Irwin, Gábor Molnár, Craig Morrisson, Billy Mulcahy and Owen O’Keeffe and wetsuit Carol Cashell and Lynne Donnelly

**Bulman Pub to Sandycove and Back (8km) ** First Time Recorded**
2011  Gábor Molnár and Craig Morrisson

**Kerry to Cork (6km) West Pier (near Castle Cove) to St Catherine’s Point ** First Time Recorded**
2014  Alan Coffey, Tom McCarthy and Sean O'Farrell and in wetsuits: Sean Mannion and Peter O'Mahony

**Cork to Kerry (5km as the crow flies - actual swim nearly 7km) ** First Time Recorded**
2002  Steven Black, Maria Blumenthal (wetsuit), Kieran Nolan (wetsuit), Ger Deasy, Imelda Lynch, Nick Mulcahy, Tommy Lee, Gilliam Lee, John Shop, Bill Steigleder, Tadhg Harrington and Trevor Woods (wetsuit)

**This list is tentative – confirmation requested as well as wetsuit versus non

**Minane River Dam to Roberts Cove (7km) ** First Time Recorded**
2014  Tom McCarthy

**Oysterhaven to Sandycove (6.4km as the crow flies - actual swim nearly 7.5km) ** First Time Recorded**
2008  Owen O’Keefe, Imelda Lynch, Lisa Cummins and Ossi Schmidt (wetsuit)

**Carrigaline Bridge to RYCY (7.5km) ** First Time Recorded 1997**
1997  Mick Aherne, Bart Buckley and Jason Buckley
2010  Tom McCarthy, Jim Shalloo (wetsuit)

**Portmagee to Knightstown (7.5km) **First Time Recorded**
2009  Robert Bohane, Nick Caine, Lisa Cummins, Fredrik Kumlin, Daniel Martin, Carl Reynolds and Carl Richards
2011  Graham Beaumont, Steven Black, Robert Bohane, Colm Breathnach, Donal Buckley, Ciaran Byrne, Lisa Cummins, Ned Denison, Kevin Dennehy, Rosie Foley,
Robert Gallagher, Tobias Harknett, Mike Harris, Eddie Irwin, J. W. Terry Kim, John Kissane, Jennifer Lane, Finau Laurenson, Steve Maricle, David Merriman, Craig Morrison, Billy Mulcahy, Maeve Mulcahy, Andrea Newport, Cathal O'Brien, Brendan O'Carroll, Darren Travers, Fionnuala Walsh, Kevin Williams, Boyang Xu and Dennis Zhang

In wetsuits: Freddie Bassett, John Battles, Sam Benson, Liz Buckley, John Carew, Carol Cashell, Enda Coffey, Declan Crowe, John Edwards, Dave Egan, Cathy Fisher, Fergus Galvin, Vince Harris, Roger Harty, Michelle Hoare, Orla Houlihan, Nora Irwin, Oran Kane, Gábor Molnár, Paul Murphy, Eoghan O'Brien, Brian O'Shea, Tim Poullain-Patterson, Niamh Sweeney and Edward Vos

2014  Gordon Adair, Robert Bohane, Patrick Corcoran, Ned Denison, Kevin Dennehy, Cathy Fisher, Finbarr Hedderman, Liam Maher, Anna McCarthy, Brendan O'Carroll, Eileen Remedios, Pearse Ryan, Tim Shalloo and Kevin Williams

In wetsuits: Kieran Cremin, Vanessa Fenton, Anders Ingelsten, Ted Katan, Kirwan, Sorcha Moylan, Brian O’Shea and Mark Waters

Lough Ine to Tragumna (6km)
2008  John Kearney
2009 – 2012  Steve Black (6 times), Noel Brown(2 times), John Conroy (wetsuit), Sevy McCullagh (4 times), David Merriman, Owen O'Keefe, Steve Redmond (2 times),
2013  Steven Black, Bethany Bosch, Colm Breathnach, Noel Brown, David Dammerman, Ned Denison, Bryn Dymott, Sylvain Estadieu, Rory Fitzgerald, Helen Gibbs, Eddie Irwin, Ger Kennedy, Thomas Kofler, Brian Lanahan, Roisin Lewis, Liam Maher, Cormac McKenna, Maeve Mulcahy, Anna-Maria Mullally, Penny Palfrey, Ranie Pearce, Jowita Pleskot, Carl Reynolds, Alan Rodgers, Ken Rodgers, Carmen Scales, Milko VanGool, and Haydn Welch
In wetsuits: Adrian Healy, Micheal Hurley, David Lee, Una McIntosh, Sarah McSweeney and Eoin O'Sullivan

Around Island Eddy (6.3km) ** First Time Recorded**
2013  Pat O’Loan

Blennerville to Fenit (8km)
2014  Ned Denison and Kevin Dennehy
Brian O'Shea (wetsuit)

Suspension Bridge to Star Outdoors (6.5km) ** First Time Recorded**
2011  Steven Black, Noel Browne, Ned Denison, Bob Fitzsimons, David Merriman, Craig Morrison, Andrea Newport, Charles O'Brien, Barry O'Sullivan, Fionnuala Walsh and Kevin Williams
In wetsuits: Carol Cashell, John Dunne, Cathy Fisher, Fergus Galvin, Mary
Fitzsimons, Brian O'Shea, Mags O'Sullivan, Lisa Staplebroek and Robert Whyte

**Ile du Levant to Port Cros (France) (5.5km)**
2016  Carmel Collins

**Ile du Medes to Porquerolles (France) (5.2km)**
2016  Carmel Collins

**1580 Massacre Swim - Kerry (6km)**
2009  Diarmuid Herlihy and Denis Sheehan

**North and South Pole Swims**
2011 and earlier Mags Buckley and Paul O’Brien (very cool!)

**Rosie’s Pub, Lower Aghada to Murph's Pub, East Ferry 6km return)** **First Time Recorded**
2009  Fergus Galvin

**Glandore to Adam Island and Back (6km) ** First Time Recorded**
2009  Lisa Cummins and Carl Richards In wetsuits: Ossi Schmidt and Imelda Lynch

**Myrtleville to Roberts Cove (5.9k) ** First Time Recorded**
2014  Gary Frost
In wetsuits: Amy Barry-Murphy, Harry Casey, Sean Foley, Breda Maguire and Ger Venner

**Beginish Island – (5.5km) **First Time Recorded 2009**
2009  Mike Harris, Ned Denison, Jennifer Hurley, Donal Buckley, Imelda Lynch, Ciaran Byrne, Rachel Smith, Robert Gallagher, Roisin Lewis, Robert Bohane, Nuala Moore, Steve Maricle, Mags O’Sullivan, Steven Black, Ray Terry, Brendan O’Carroll, Tom Lynch, Tadhg Harrington, Danny Coholan, Pádraig Leahy, Cornelius Bohane and Kevin Williams

2010  Sorcha Barry, Robert Bohane, Donal Buckley, Ciaran Byrne, Emer Cannon, Linda Clarke, Lisa Cummins, Ned Denison, Alice Flood, Robert Gallagher, Michael Harris, Jennifer Hurley, Jennifer Lane, Padraig Leahy, Roisin Lewis, Cornelia Lyne, Steve Maricle, Gábor Molnár, Susanna Murphy, Cathal O’Brien, Brendan O’Carroll, Claire O’Sullivan, Fionnuala Walsh
In wetsuits: Aidan Blackwell, Matt Bondurant, Liz Buckley, Eilis Burns, Fiona Carroll,
John Casey, Nicole Clancy, Enda Coffey, Majella County, Declan Crowe, Brian Cullinan, Kevin Dennehy, John Edwards, Gorretti Guilfoyle, Vincent Harris, Michelle Hoare, Orla Houlihan, John Kissane, Mike Lane, Donal McCarthy, David Merriman, Eleanor Moore, Craig Morrison, Eoin O'Riordan, Brian O'Shea, Terry Ryan, Niamh Sweeney, Robert Whyte, Triona Whelan, Kevin Williams

2012  Ross Barrett, Steven Black, Chris Bryant, Donal Buckley, Liz Buckley, Tim Buckley, Sean Callery, Carol Cashell, Patrick Corcoran, Ned Denison, Kevin Dennehy, Donal Fitzpatrick, Denis Flynn, Rosie Foley, Robert Gallagher, Tadhg Harrington, Finbarr Hedderman, Sandra Howard, Padraig Leahy, Maeve Mulcahy, Andrea Newport, Maura O’Callaghan, Owen O’Keefe, Jonathan O’Regan, Cian O’Shaughnessy, Pearse Ryan, Martin Saunders and Kevin Williams

In wetsuits: Eilis Burns, John Edwards, Vanessa Fenton, Cathy Fisher, Fergus Galvin, Vincent Harris, Adrian Healy, Orla Houlihan, Vincent Kidd, Maeve Linehan, Anna McCarthy, Karen McEvoy, Clare Morrissey, Brian O'Shea, Conn O’Shea, Tim Poullain-Patterson, James Walsh and Robert Whyte

2015  In wetsuits: Eileen Davis-Remedios and Tundi Haulik

Seven Hogs - Kerry (5km)
2009  Eilis Burns (wetsuit)
2010  Lisa Cummins, Ned Denison, Eddie Irwin and Liam Maher

In wetsuits: Liz Buckley, Eilis Burns, Billy Horgan, Oran Kane, Craig Morrison and Niamh Sweeney

Liverpool Docks Race (6km)
2012  Ned Denison
2013  Ned Denison and Jonathan O’Regan

Tramore Bay (5km)
2011  Carol Cashell and Ned Denison

Around Spike Island from Cobh (5.3km) ** First Time Recorded 2008**
2008  Danny Walsh (twice wetsuit), Ossi Schmidt (wetsuit), Finbarr Hedderman and Niall O’Crualaoich (wetsuit)
2009  Lisa Cummins and in wetsuits: Danny Walsh, David Merriman and Imelda Lynch
2014  Danny Walsh (twice)

Around Horse Island – Kerry (from shore) 5k ** First Time Recorded**
2010  Bernard Lynch and in wetsuits: Imelda Lynch and Ossi Schmidt

Around Garnish Island (four times) (9km)
2016  Charley Breen and Nathan Timmons (possibly others – apply to be added)

Around Garnish Island (three times) (7km)
2013 Finbarr Hedderman and in wetsuits: Imelda Lynch and Ossi Schmidt
Gordon Adair, Noel Browne, Carol Cashell, Carmel Collins, Annette Cullen, Paul Curran, Kevin Dennehy, Kevin Dennehy, Orla Houlihane, Donal Jacob, Mark Lynch, Bernard Lynch, Liam Maher, Trevor Malone, Jonathan O'Regan, Stephen Redmond, Warren Roche, Peter Walsh, Sabrina Wiedmer
Wetsuit: David Hodge, Alex Jeffers, Eoin Keane, Sean Kenny, Eoin Lowry, Brenda Maguire, David Merriman, Stuart Moncrieff, Padraig O'Connor, Sinead O'Donnell, Ken O'Shea, Brian O'Shea, Ciaran Ruane, Anthony Sloman
2015
Gordon Adair, Noel Browne, Carol Cashell, Carmel Collins, Annette Cullen, Paul Curran, Kevin Dennehy, Kevin Dennehy, Orla Houlihane, Donal Jacob, Mark Lynch, Bernard Lynch, Liam Maher, Trevor Malone, Jonathan O'Regan, Stephen Redmond, Warren Roche, Peter Walsh, Sabrina Wiedmer
Wetsuit: David Hodge, Alex Jeffers, Eoin Keane, Sean Kenny, Eoin Lowry, Brenda Maguire, David Merriman, Stuart Moncrieff, Padraig O'Connor, Sinead O'Donnell, Ken O'Shea, Brian O'Shea, Ciaran Ruane, Anthony Sloman
2016 Audrey Burkery (possibly others – apply to be added)

Around Garnish Island (twice) (5km)
2011 Steven Black, Rob Bohane, Ciaran Byrne, Páraic Casey, Carol Cashell, Carmel Collins, Ned Denison, Tadhg Harrington, Finbarr Hedderman, Liam Maher, David Merriman, Gábor Molnár, Owen O'Keefe and Riana Parsons
Wetsuit: Michael Foley, Barry Griffin, Josh McMahon and Erin Riley
2012 Steven Black, Rob Bohane, Matt Bondurant, Bethany Bosch, Colm Breathnach, Charlotte Brynn, Liz Buckley, Ciaran Byrne, Páraic Casey, Carol Cashell, Alan Clack, Ronan Collins, Alan Craughwell, Ned Denison, Ella Dunne, Bryn Dymott, Bob Fitzsimons, Helen Gibbs, Tadhg Harrington, Finbarr Hedderman, Barbara Held, Sandra Howard, Andrew Hunt, Eddie Irwin, Jennifer Lane, Pádraig Leahy, Roisin Lewis, Bernard Lynch, Liam Maher, Trevor Malone, Paul Massey, Sevy McCullagh, David Merriman, Gábor Molnár, Craig Morrisson, Neil Morton, Owen O'Keefe, Conor Power, Carl Reynolds, Alan Rodgers, Ken Rodgers, Maeve Ryan, Jen Schumacher, Catherine Sheridan, Peter Spencer, Sarah Tunnicliffe, Stephanie Voss, Fionnuala Walsh, Kevin Williams and Jenny Zwijnen
Wetsuit: Laura Buckley, Gillian Collins, John Dunne, Michael Foley, Erazmus Frantisek, Ken Harte, Adrian Healy, Liadha Hourihane, Clare Kenward, Cormac McKenna, Jerry McSweeney, Eleanor Moore, Patrick Murphy, John Nunan, Eoghan O'Brien, Maura O'Callaghan and Maria O'Regan
2013 Steven Black, Noel Browne, Kevin Dennehy, Breccene Ennis, Cathy Fisher, Mark Hannigan, Tadhg Harrington, Steven Harvey, Eddie Irwin, Donal Jacob, Oran Kane, Paul Kelly, Sevy McCullagh, David Merriman, Maeve Mulcahy, Anna-Maria Mullally, Owen O'Keefe, Alex Rathke, Warren Roche, Pearse Ryan, Cliodhna O'Sullivan, Helen Silke
Wetsuit: John Edwards, Michael Foley, Hans Gosen, Niall Harkin, Adrian Healy, Michael Hurely, Shane Malone, Paul Noonan, John O'Callaghan, Padraig O'Connor, Brian O'Shea, Mags O'Sullivan, James Slowey, Merlin Tanner
2015 Steven Black, Laurence Courtney, James Doolan, David Dowling, Trevor Downey, Gary Frost, Severin McCullagh, Tim McSweeney, Jerry McSweeney, Maeve Mulcahy
Wetsuit: Amy Barry Murphy, John Bowe, Noel Brennan, John Brennan, Audrey Burkley, Lee Butler, Audrey Chute, Anne Collins, Declan Crowe, Cyril Desmond, John Duggan, Declan Forde, Catalina Gonzales, Paschal Horgan, Timothy Horgan, Keith Hyde, John Kiely, Ita Kirwan, David Lee, David MacCann, Barry Madden,
James Makin, Armelle Mangan, Pablo Jesus Martin Guerrero, Eoin McCarthy, Therese Molyneux, Kieran Murphy, Ross O’Connor, Gavin O’Donovan, Anthony O’Shea, Kevin O’Donovan, Thom O’Dwyer, Brendan O'Regan, Anne Sheehy, Brenda Sisk, Marie Watson
2016 Finbarr Hedderman (possibly others – apply to be added)
Wetsuit Paul Curtayne and Claire Williams

Crosshaven to Graball Bay (return) (5km) ** First Time Recorded**
2009 Vincent Harrington (wetsuit)

Hellespont (Asia to Europe) (4.5km)
2008 Mike Harris
2010 Mike Harris
2011 Jane Jolly
2014 Jane Jolly
2015 Jane Jolly
** This will remain on the list – regardless of distance because it is one of history’s great swims

Dublin Harbour (5km)
2006 Helen Walley

Gozo to Malta (6km)
2007 Steven Black, Liz Buckley, Mike Harris and Joan Lucey
2008 John Conroy, Mary Horgan, Imelda Lynch and Ossi Schmidt
2009 Eugene Cassidy, Evelyn Murphy
2010 Deirdre Frost

Speckled Door then twice around the island and back to Sandycove (7.5km) ** First Time Recorded 2009**
2009 Diarmuid Boyle, Donal Buckley, Nick Caine, Danny Coholan, Alan Craughwell, Lisa Cummins, John Daly, Ned Denison, Breccene Ennis, Sylvain Estadieu, Tom Fitzsimmons, Andrea Gellan, Charles Harper, Mark Hewish, Eddie Irwin, Thomas Kofler, Fredrik Kumlin, Henry Lowther, Liam Maher, Daniel Martin, Kevin Murphy, Kieran Nolan, Owen O'Keefe, Carl Richards, Kevin Saunders, Mark Sexton and Ray Terry
In wetsuits: Liz Buckley, Páraic Casey, Jennifer Hurley, Tom Lynch, Karen McEvoy, David Merriman, Gerald O'Donnell, and Carl Reynolds

Kedge Island Rock to Baltimore (6km) ** First Time Recorded**
2006 Ned Denison

Killiney to Bray – Petrified Forest (6km)
2014 Ned Denison
Speckled Door then once around the island and back to Sandycove (6km)
2009 Ned Denison and Eddie Irwin
2015 Ned Denison and Eoin O’Riordan
2016 Ned Denison, Bernard Lynch and Eoin O’Riordan

Arranmor Island to Burtonport in Donegal (5km)
2010 Ruairi Ward

Le Château d’If (France) (5km)
2014 in wetsuits Andrew Gough, Fiona Gough, Keith Mackeown, Roseleen Mackeown and Tim Smyth
2015 Ned Denison

Achmelvich Bay – North Minch Scotland (5km)
2007 Mike Harris

Oysterhaven and touch or around the Sovereign Islands (5 to 5.5k) ** First Time Recorded 2008**
2008 Lisa Cummins, Mike Harris, Finbarr Hedderman, Imelda Lynch, Ossi Schmidt
2009 Diarmuid Boyle, Ciaran Byrne, Nick Caine, Lisa Cummins, Ned Denison, Finbarr Hedderman, Thomas Kofler, Fredrik Kumlin and Carl Richards
2014 Ned Denison, Thelma Jones, Liam Maher, Gábor Molnár (June and 6,16,30 July), Maeve Mulcahy, Anna-Maria Mullally and Kevin Pierce (wetsuit)

NW Corner of Reengaroga Island to Baltimore (6.2km) ** First Time Recorded**
2007 Diarmuid Herlihy, Steven Black and Ned Denison and in wetsuits: Jennifer Hurley and Liz Buckley

Speckled Door to Sandycove (5km) ** First Time Recorded 2005**
2005 Danny Coholan (twice) and Ned Denison
2006 Danny Coholan, Imelda Lynch and Ned Denison (several times)
Ciaran Byrne, Ray Terry, Ronan Joyce, Tadhg Harrington, Dermot O’Reilly, Robert Bohane, Paul O’Brien and Margaret Buckley
In wetsuits: John Conroy, Diarmuid Herlihy, Joe McKenna, Graham Collins, Jennifer Hurley, Jane McGrath, Angela Stubbs and Oswald Schmidt
In wetsuits: Ciaran Byrne, Eddie Irwin, Danny Coholan, Diarmuid Herlihy, Patrick Sheehan and Oswald Schmidt
2008 Tadhg Harrington, John Kearney, Owen O’Keefe and Ned Denison
In wetsuits: Bernard Lynch, Niall MacCarthy and Ger O’Donnell
2009 Noel Whitty
2010 Steven Black, Eddie Irwin, Ned Denison (twice), Donal Fitzpatrick, Tadhg
Harrington, Sandra Howard, Sevy McCullagh, Craig Morrison, Elaine O'Grady and Martin Saunders
In wetsuits: Páraic Casey, Carol Cashell, Joanne Conroy, Adrian Healy, Ita Kirwan, Ray McArdle, David Merriman, Clare Morrissey, Michael O'Hare, Riana Parsons, Alan Rodgers, Keith Rodgers, Ken Rodgers and Niamh Sweeney
In a mankini for charity: Liam Maher
2011 Steven Black, Robert Bohane, Ned Denison, Caitlin Desmond, Gary Emich, Sandra Howard, Roisin Lewis, Ray McArdle, Tom McCarthy, Sevy McCullagh, Craig Morrison, Maeva Mulcahy and Martin Saunders
In wetsuits: Carol Cashell, Grace Clifford, Lynne Donnelly, Fergus Galvin, Vincent Harris, Adrian Healy, Oran Kane, Trevor Malone, Eoin O’ Riordan, Alan Rodgers and Kenneth Rodgers
2013 Bethany Bosch, Colm Breathnach, David Dammerman, Ned Denison, Lynsey Dunne, Sylvain Estadieu, Rory Fitzgerald, Helen Gibbs, Eddie Irwin, Nora Irwin, Thomas Kofler, Brian Lanahan, Roisin Lewis, Liam Maher, Trevor Malone, David Merriman, Jaimie Monahan, Anna-Maria Mullally, Penny Palfrey, Ranie Pearce, Jowita Pleskot, Carmen Scales, Rebecca Stewart, Sarah Tunnicliffe, Milko VanGool, and Haydn Welch
In wetsuits: Adrian Healy
2014 Gordon Adair, Jason Betley, Rob Bohane, Zara Bullen, Carol Cashell, Grace Clifford, Carmel Collins, Dan Curtis, Ned Denison (twice), Lynsey Dunne, Mark Evans, Keith Garry, Helen Gibbs, Adrian Healy, Finbarr Hedderman, Philip Hodges, Sandra Howard, Jeremy Irvine, Thelma Jones, Hazel Killingbeck, Annabel Lavers, Colleen Mallon, Trevor Malone (twice), Daniel Martinez Lobo, Kieran O’Connor, Alexia O’Mara, Eoin O’ Riordan, Steve Payne, Kate Robarts, Ken Rogers, Zoe Sadler, Kate Steels-Fryatt, Sarah Tunnicliffe, Maura Twomey, Adam Walker, Haydn Welch
In wetsuits: Steve Foster (5 times), Alex Jeffers, David Lee, Sarah McSweeney, Eoin O’Riordan and Karine Regazzoni
2015 Gordon Adair, Rob Bohane, Zara Bullen, Lucas Carbonaro, Tracy Clark, James Clifford, Carmel Collins, Kevin Dennehy, Mark Hannigan, Adrian Healy, Finbarr Hedderman, Orlando Hill, Orla Houlihan, Amanda Hunt, Thelma Jones, Matthias Kaßner, Volker Koch, Mer Lulling, Trevor Malone, Daniel Martinez Lobo, Cormac McKenna, Neil Morton, Dave Mulcahy, Kevin Murphy, Ciarna O’Connor, Kristian O’Donovan, Eoin O’ Riordan, Courtney Paulk, Alan Rodgers, John Tierney and Peter Walsh
In wetsuits: Jane Hardy, Angela Harris, Alex Jeffers, Brigueen Mallon, Mickeal Mallon, Riana Parsons and Stephanie Voss
2016 Gordon Adair, Sam Bail, Max Beer, Rob Bohane, Alison Budynkiewicz, Jorg Buttner, Dee Byrne, Tracy Clark, Danny Coholan, Ned Denison, Kevin Dennehy, Philippe Fort, Keith Garry, Adrian Healy, Finbarr Hedderman, Orlando Hill, Matthias Kaßner, Ion Lazarenco, Mer Lulling, Attila Manyoki, Maureen Montgomery, Clodagh Murray, Wes Nolan, Lisa North, Barry O’ Connor, Robin Rose, Mark Smitherman, Kate Steele-Fryatt, John Tierney, Shubham Vanmali
In wetsuit: Catalina Gonzalez, Barry Madden, Aideen O’Riordan and Alan Wilkie
Nearly to Adam Island and Back (5.5km) ** First Time Recorded**
2008  Jennifer Hurley and John Conroy (wetsuit)

Camden to Cobh (6km) ** First Time Recorded**
1994  Mick Aherne, Bart Buckley and Aideen Jordan

Back of Beginish Island to Knightstown (5km) ** First Time Recorded**
2015 Kevin Dennehy
In wetsuits:  Tundi Eugenia Haulik, Ita Kirwan and Riana Parsons

Church Bay to Crosshaven (5km) ** First Time Recorded**
2006  Mick Aherne, Liam Flavin, David Aherne and Elaine Aherne

Roches Point (mid harbour) to Crosshaven (5km) ** First Time Recorded**
1995  Mick Aherne, Vincent Aherne and Bart Buckley

Sandy Cove Clockwise around then over to the Dock (5km)
2011  Craig Morrisson

Around Skeem Island West (5km) ** First Time Recorded**
2015 Barry O’Connor

Around Skeem Island East (5km) ** First Time Recorded**
2013, 2014, 2015 and 2016  Barry O’Connor

Around Castle Island (5km) ** First Time Recorded**
2015 Barry O’Connor

Abound the Old Head (4.5km) **First Time Recorded**
2008  Ned Denison
** This will remain on the list – regardless of distance because it is a scary place!

Around the Island of Lokrum (4.2km shortest line >5km along the coast)
2006  Dave Mulcahy

Out and Back Alcatraz (4.5km) **First from Ireland**
2015  Ned Denison

Sandy Cove to RNLI pier (4.8km) **First Time Recorded**
2014  Gordon Adair and Alex Jeffers (wetsuit)

Around Skellig Michael (3km)
1960s (reported): Joe Roddy and Dan McCroham
2010 Ned Denison
2013 Patrick Corcoran, Kevin Denney, Bob Fitzsimons, Padraig Leahy and Pearse Ryan
In wetsuits: Liz Buckley, Mary Fitzsimons, Vincent Kidd, Ber O’Connor, Brian O’Shea, Con O’Shea, Paul O’Sullivan and Tim Poullain-Patterson
Some 2013 names are probably missing..help wanted to identify
** This will remain on the list – regardless of distance because it is a scary place!

FRESH WATER SWIMS
Swims from Fermoy up the Blackwater are not recorded unless they go to the Mansion. No swims from slip to dam are recorded in Inniscara.

S.C.A.R. – Arizona (67km) **Irish First** 4 Marathon Swims in 4 days
2013 Ned Denison (all including Apache 27.3km)
2014 Anna-Marie Mullally: Saguaro (15.2km), Canyon (14.4km), 4 person relay Apache (27.3km) and Roosevelt (7km – partial)
2016 Finnbar Hedderman: Saguaro (15.2km), Canyon (14.4km) and Roosevelt (10km)

Békésszentandrás to Csongrád in the Körös River Hungary (48km) **First Time Recorded**
2013 Gábor Molnár

Lake Zurich - Switzerland (26.4km)
2008 Ned Denison
2009 Sylvain Estadieu, Eddie Irwin and Liam Maher and Liz Buckley (wetsuit)
2010 Karen McEvoy and Gábor Molnár
2011 Roisin Lewis and Vincent Harris (wetsuit)
2012 Carol Cashell
2013 Alan Rodgers and Adrian Healy (wetsuit)
2014 Trevor Malone and Ken Rodgers

Lake Memphremagog (Border Buster) – Vermont USA (25km)
2016 Ned Denison

IJsselmeer - Nethelands (22km)
2014 Ned Denison

Őcsöd to Csongràd in the Körös River Hungary (37km) **First Time Recorded**
2012 Gábor Molnár
Kunszentmárton to Csongrád in the Körös River Hungary (20.48km) **First Time Recorded**
2013  Gábor Molnár

Windemere (17km)
2015  Gordon Adair

WakenitzMan from the Ratzeburger Lake to Luebeck Germany (14km)
2012  Imelda Lynch and Ossi Schmidt

Three lakes of Killarney end to end (15k) **First Time Recorded**
2013  John Bowe (wetsuit and walked around old weir)

Athy to Carlow down the Barrow (19.5km)
2011  Stephen Redmond (wetsuit in 6C)

Lake Champlain Swim New York to Vermont, USA (13km)
2006  Ned Denison

Fermoy (Ashe Quay) to Ballyduff (18.6km) ** First Time Recorded**
2012  Owen O'Keefe

Ballyduff to Cappoquin (Port na hAbhann slipway) (15km) ** First Time Recorded**
2012  Owen O'Keefe

Lake Anna, Virginia USA (11.5km)
2008  Niall O'Crualaoich (wetsuit)

Ice 2 Miles (ecg in advance, Doctor in attendance and witnessed in 5C or lower) – not a 5k but included for toughness **World Record - Longest ice swim ratified by the IISA**
2016  Carmel Collins

Ice Mile (ecg in advance, Doctor in attendance and witnessed in 5C or lower) – not a 5k but included for toughness
2013  Robert Bohane, Ciaran Byrne, Carmel Collins, Ned Denison and Finbarr Hedderman
2014  Donal Buckley, Finbarr Hedderman
2015  Robert Bohane, Noel Browne, Carmel Collins, Ned Denison and Finbarr Hedderman, Anna-Maria Mullally and Jim Shalloo

Ice 1k (ecg in advance, Doctor in attendance and witnessed in 5C or lower) –
not a 5k but included for toughness
2015  Ned Denison ***for a month - world record 55-59 age group (only two swimmers faster at any age)

Lough Ree (10k)
2015  Carol Cashell, Orla Houlihan and Jonathan O’Regan

Coosan, Athlone (10k)
2016  Charley Breen, Jonathan O’Regan and Maeve Ryan

Camlough (10km)
2014  Ita Kirwan (wetsuit)

Mukross Lake – single loop tour along the coast (8.5km) ** First Time Recorded**
2015  Andrew O’Leary, Judy Rea and Ita Kirwan (wetsuit)

Bandon to Killmacsimon (10+km) ** First Time Recorded**
2002  Eilis Wilcox, Neill Deasy and others (?)

Caragh Lake – Kerry (8km)
2016  Ned Denison, John Kiely, Paul Ramsell and Marie Watson
In wetsuit: David Gillespie, Robert Merrick, Ivan McCutcheon, Eric O’Brien and Rebecca Power

Lake Kezar Maine, USA  Fox Cove to North End (7.5 km) ** First Time Recorded**
2015  Ned Denison

Lake Kezar Maine, USA  Fox Cove to Upper Bay and back (7.2 km) ** First Time Recorded**
2016  Ned Denison

Loch Allua – Ballingeary to Inchigeelah West Cork (8km) ** First Time Recorded**
2008  Dave Mulcahy, Ciaran O’Connor, Roisin Lewis, Sevy McCullagh, Jen Hurley, Imelda Lynch, Niall MacCarthy, Joe Donnelly, Finbarr Hedderman, Denis Sheehan, Diarmuid Herlihy, Ciaran Byrne, Steven Black, Rob Bohane, Ned Denison and Owen O’Keefe
In wetsuits: Rebecca Berkery, Ossi Schmidt, Fergus Galvin, Cathy Fisher, Ger O'Donnell, John Conroy, Liz Buckley, David Merriman, Angela Stubbs, Carol Cashel and Sinead Geary.
2009  Brendan O’Carroll, Ciaran Byrne, Deirdre Frost, Denis Sheehan, Diarmuid Herlihy, Imelda Lynch, Jen Hurley, Linda Clark, Lisa Cummins, Ned Denison, Rob
Bohane, Roisin Lewis, Sally Kelly, Sevy McCullagh, Stephen Black, Steve Maricle and Tadhg Harrington
In wetsuits: Eilish Wilcox, Alan McGuiness, Angela Stubbs, Billy Horgan, David Merriman, Eamonn Byrne, Eoin O’Riordan, Eugene Cassidy, Fergus Galvin, John Conroy, Karen McEvoy, Niamh Sweeney, Nicole Clancy, Ossi Schmidt and Vincent Harrington

2010 (as part of the distance camp) Steven Black, Robert Bohane, Liz Buckley (wetsuit), Ciaran Byrne, Lisa Cummins, Ned Denison, Jennifer Hurley, Eddie Irwin, Liam Maher, Paul Massey, Sevy McCullagh (wetsuit), Gábor Molnár, Craig Morrisson (wetsuit), Neil Morton, Catherine Sheridan and Karen Throsby
2010 (as part of normal swim) Liz Buckley, Lisa Cummins, Mark Dempsey, Ned Denison, Jen Hurley, Roisin Lewis, Sevy McCullagh, Cameron McKeever, Cormac McKenna, David Merriman, Gábor Molnár, Craig Morrison, Ellen O’Brien, Brendan O’Carroll, Cathal O’Sullivan and Fionnuala Walsh
In wetsuits: Carol Cashell, Vincent Harris, Ken Harte, Orla Houlihan, Mike Lane, Shane Murphy, Gerald O Donnell, Imelda O’Leary, Eoin O’Riordan, Brian O’Shea, Mags O’Sullivan, Riana Parsons, Alan Rodgers, Kenneth Rodgers, Oswald Schmidt, Jim Shalloo, Anglea Stubbs, Triona Whelan, Robert Whyte and Kevin Williams

2011 Colm Breathnach, Ciaran Byrne, Carol Cashell, Ned Denison, Mike Harris, Sandra Howard, Sevy McCullagh, Gábor Molnár, Billy Mulcahy, Maeve Mulcahy, Maura Murphy, Jowita Pleskot and Fionnuala Walsh
In wetsuits: Mary Fitzsimons, Imelda Lynch, Brian O’Shea, Ossi Schmidt and Robert Whyte

2012 Ciaran Byrne, Jeff Castles, Carmel Collins, Ned Denison, Bob Fitzsimons, Adrian Healy, Finbarr Hedderman, Sandra Howard, David Merriman, Maura O’Callaghan, Adrian O’Keefe, Owen O’Keefe, Alan Rodgers, Martin Saunders and Cathal Sullivan
In wetsuits: Lynne Algar, Ross Barratt, Gay Castles, Mary Fitzsimons, Denis Flynn, Carol Forbes, Angela Harris, Vincent Harris, Barbara Lehane, Maeve Linehan, Helen O’Leary, Jonathan O’Regan, Brian O’Shea, Tim Sweeney and Robert Whyte

2013 Bethany Bosch, Jim Boucher, Colm Breathnach, Grace Clifford, Aisling Corkery, Patrick Corkery, Lisa Cummins, David Dammerman, Ned Denison, Lynsey Dunne, Bryn Dymott, Sylvain Estadieu, Rory Fitzgerald, Helen Gibbs, Mark Hannigan, Mike Harris, Rian Herlihy, Sandra Howard, Eddie Irwin, Nora Irwin, Kevin Keane, Thomas Kofler, Brian Lanahan, Roisin Lewis, Kari Lienhard-Hardman, Trevor Malone, Sevy McCullagh, Ellery McGowan, Cormac McKenna, Gábor Molnár, Jaimie Monahan, Anna-Maria Mullally, Maura O’Callaghan, Jonathan O’Regan, Penny Palfrey, Ranie Pearce, Jowita Pleskot, Carl Reynolds, Alan Rodgers, Carmen Scales, Kate Steels-Fryatt, Rebecca Stewart, Sarah Tunnicliffe, Milko VanGool, Fionnuala Walsh and Haydn Welch
In wetsuits: Jane Dennehy, John Edwards, Mark Evans, Fergus Galvin, Vincent Harris, Adrian Healy, David Lee, Imelda Lynch, Shane Malone, Una McIntosh, Tim McSweeney, Dennis Merritt, JP O’Brien, Brian O’Shea, Oswald Schmidt, Angela Stubbs and Robert Whyte

In wetsuits: Anthony Camp, Denis Condon, Kieran Cremin, Jane Dennehy, Evin Donnelly, Jeremy Duane, Mark Evans, Denis Flynn, Orla Houlihan, Claudine Hughes, Ted Katan, Ita Kirwan, Caitriona Lynch, Cian McMahon, Tim MacSweeney, Denis Merritt, Paul Monahan, John O'Callaghan, Eoin O'Riordan, Niall O'Shaughnessy, Brian O'Shea, Kevin Pierce, Karine Regazzoni, Angela Stubbs, Peter Walsh and Robert Whyte

2015  Gordon Adair, Donal Buckley, Zara Bullen, Tracy Clark, James Clifford, Carmel Collins, Ned Denison, Kevin Dennehy, Alice Flood, Mark Hannigan, Adrian Healy, Orlando Hill, Kieran Horgan, Amanda Hunt, Sarah Kenyon, Hazel Killingbeck, Volker Koch, Mike Latham, Mer Lulling, Bridgenne Mallon, Janet Manning, Sylvia Marino, Daniel Martinez Lobo, Severin McCullagh, Jerry McSweeney, Neil Morton, Dave Mulcahy, Kristian O'Donovan, Declan O'Keefe, Jonthan O'Regan, John O'Sullivan, Courtney Paulk, Kate Robarts, Alan Rodgers, Kenneth Rodgers, Pearse Ryan, Ann Sheehy, Mark Smitherman, Christophe Tharot, John Tierney, Sarah Tunnicliffe, Stephanie Voss, Peter Walsh and, Paula Yankauskas

In wetsuits: Audrey Burkley, Denis Condon, Paul Costello, Cyril Desmond, Cathy Fisher, Catalina Gonzalez, Vince Harris, David Hodge, Ita Kirwan, Joe Lane, Owen Lowry, Micheal Mallon, Tim McSweeney, John McGrath, Denis Merritt, Mary Kate O'Keeffe, Brian O'Shea, Riana Parsons, Paschal Phelan, Kieran Ruane and Angela Stubbs


In wetsuits: Noreen Buttermer, Catalina Gonzalez, Ita Kirwan, Tim McSweeney, Sean O'Neill, Barbara Anne-Richardson and Angela Stubbs

River Lee Dam to County Hall (12.5km) ** First Time Recorded**
1987  Terry Fleming & Others – please supply your names
2011 Lisa Cummins, Ned Denison, Trevor Malone, Ray McArdle, Owen O'Keefe, Alan Rodgers, Ken Rodgers and Catherine Sheridan
In wetsuits: Liz Buckley, Carol Cashell, Eddie Irwin and Liam Maher
Wetsuit: Páraic Casey, Ronan Collins, Alan Craughwell, Trevor Malone, Liam Maher, Paul Massey, Riana Parsons, Alan Rodgers and Ken Rodgers

Upper Lake Killarney (7km)
2009 Imelda Lynch and Ossi Schmidt (wetsuit)

Lee Valley Harbour to Rooves Bridge – and back (7km)
2016 Brendan O'Brien and David Ryan
Wetsuit: Karen O'Sullivan and Angela Stubbs

Loch Dan (10km)
2013 Conor Power

River Dart UK (10km)
2014 Niall Vaughan

Ballyhooley to Fermoy (10km) **First Time Recorded**
2010 Owen O'Keefe and Ned Denison

Lough Sheelin (Cavan)
2006 Helen Walley (11km)
2008 Imelda Lynch (15km)
2008 Ossi Schmidt (7.5km)
2010 Sylvain Estadieu (15km), Ned Denison (13km) and Owen O'Keefe (10km)

Muckross Lake Killarney (6km)
2011 Ossi Schmidt (wetsuit)

Blackwater – Fermoy Boat Club – Upriver to Mansion and Back (6.5km) **First Time Recorded 2007**
2008 Owen O'Keefe and Ned Denison [twice] – and Dave Mulcahy
2009 Ned Denison, Thomas Kofler Owen O'Keefe, Carl Richards
2011 Colm Breathnach, Charlotte Brynn, Alan Clack, Breccene Ennis, Simon Holliday, Dan Martin, Paul Massey, Billy Mulcahy, Owen O'Keefe, Michael O'Hare
and Kevin Williams plus in wetsuits: Carol Cashell, Alan Rodgers and Ken Rodgers.

2013 Ned Denison, Rory Fitzgerald, Helen Gibbs, Eddie Irwin, Liam Maher and Penny Palfrey


2015 Sarah Brown, Zara Bullen, Tracy Clark, James Clifford, Ned Denison, Kevin Dennehy, Alice Flood, Mark Hannigan, Adrian Healy, Orlando Hill, Matthias Kaßner, Sarah Kenyon, Volker Koch, Mike Latham, Trevor Malone, Sylvia Marino, Neil Morton, Dave Mulcahy, Kristian O'Donovan, Kate Robarts, Alan Rodgers, Kenneth Rodgers, Mark Smitherman, Christophe Tharot, John Tierney, Stephanie Voss and Paula Yankauskas


**River Lee Dam to Anglers Rest Beach (8km)**
2012 Helen Gibbs and Chris O’Sullivan (wetsuit)

**Germany Cologne (6km)**
2008 Ossi Schmidt (wetsuit) and Imelda Lynch

**German Open Water Championships (5km)**
2008 Ossi Schmidt and Imelda Lynch

**Coosan, Athlone (5k)**
2016 Amy Wolfe (wetsuit)

**Lake Kezar Maine, USA Fox Cove, Across to Campground and Back (6km) **
**First Time Recorded**
2005 Ned Denison

**Loch Allua (5km) – Caravan to Inchigeelah West Cork **
**First Time Recorded**
2008 Ciaran O’Connor, Jen Hurley, Diarmuid Herlihy, Ciaran Byrne
2008 Finbarr Hedderman, Roisin Lewis and Neil Morton and in wetsuit Kieran O’Sullivan
2013 Lisa Cummins and Daniel Curtis and Diarmuid Herlihy (wetsuit)

**Muckross Lake Killarney (5km)**
2010 Ned Denison, Diarmuid Herlihy and Denis Sheehan
John Conroy, Imelda Lynch, Ken Rodgers and Ossi Schmidt (wetsuit)
2011  Robert Bohane, Ciaran Byrne and Ned Denison

**Serpentine (Elites Race) (5km)**
2016  Amy Wolfe

**Slovenia**
2008  Lake Bohinj 4.1km and Lake Bled 5km – Fergus Galvin
** This will remain on the list – regardless of distance because it is a cool place!

**RELAY SWIMS**

**Round Ireland Relay Swim (1,500km) ** First Time Recorded**
2006  Nuala Moore (Dingle), Anne-Marie and Ryan Ward, Ian Claxton, Tom Waters, Henry O'Donnell

**North Channel 3 person One-Way Relay (34km as the crow flies - actual swims 42km to 50km)**
2004  Mairead Ni Eidhin

**English Channel 5 person Two-Way Relays (68km as the crow flies - actual swims 85km to 100km)**
2008  Amy Wolfe, David Tagney, Danny Walsh, Nuala Moore and Donal Buckley [Irish Record Speed]

**English Channel 6 person Two-Way Relays (68km as the crow flies - actual swims 85km to 100km)**
2005  Steven Black, Maria Blumenthal, Liz Buckley, John Conroy, Joe Donnelly, Anne-Marie Fowler, Tadhg Harrington, Imelda Lynch, Kieran Nolan, Ciaran O'Connor, Helen Walley and Cormac Wilcox
2013  Carol Cashell, Caitlin Desmond, Lynne Donnelly, Owen O'Keefe, Eoin O'Riordain and Maeve Ryan **Irish Record**

**English Channel 3 person One-Way Relays (34km as the crow flies - actual swims 42km)**
2006  Ciaran Byrne and Steven Lynn
2014  Una McIntosh
2015  Gordon Adair, Alex Jeffers and Peter Walsh

**English Channel 3 person One-Way Relays (34km as the crow flies - actual swims 48km) ** First Time one 3 Person Relay did both Channels**
2006  Mairead Ni Eidhin
English Channel 4 person One-Way Relays (34km as the crow flies - actual swims 42km)
2007  Eddie Irwin, Imelda Lynch, Patrick Sheehan and Ossie Schmidt
2010  Sean Buckley, Carmel Collins and Jennifer Lane
2012  Tom McCarthy
2016  Caitriona Kehily, Eilish Leader, Eoin Lowry and Anne Sheehy

English Channel 5 person One-Way Relays (34km as the crow flies - actual swims 42km)
2009  Finbarr Hedderman, Jim O’Keeffe and Peter Lynch
2014  Grace Clifford, Sandra Howard, Maeve Mulcahy, Anna-Maria Mullally and Maura O’Callaghan
2015  Jim Brennan, Dave Mulcahy and Anna-Maria Mullally

English Channel 6 person One-Way Relays (34km as the crow flies - actual swims 42km)
2006  Sally Kelly
2010  Kieran O’Sullivan
2016  Carol Cashel, Eleanor Courtney, Donna Galvin, Angela Harris, Orla Houlihan and Maeve Ryan

Fastnet to Schull (24km) **First Ever Relay**
2013  Two or three in the water doing 1 hour each
Catherine Arundel and Terry Hogan
In wetsuits:  Danielle Arundel, Anne Brosnan, Niamh Dwyer, Damien Malone, Sarah McKnight, Linda Morgan, Ann Murphy, Deirdre Ni Challanain, Katrina O'Callaghan, Clodagh O'Driscoll, Gary Quin, Robin Wells and Niamh Woods
2014  In wetsuits:  Imelda Lynch and Ossie Schmidt

Myrtleville to Sandycove (24km)
2012  Carol Cashel, Caitlan Desmond, Owen O'Keefe and Maeve Ryan

Shannon (125km) Athlone to Limerick Relay – staged over 6 days
2014  In wetsuits:  James Colbert and Sean Buckley

Lake Zurich - Switzerland Relays (26.4km)
2009  Nora Irwin, Jane McGrath, Páraic Casey and Riana Parsons
2010  Liz Buckley, Lisa Cummins and Diarmuid Herlihy plus Imelda Lynch and Ossie Schmidt

Windemere Relay “over and back” (34km)
2007  Imelda Lynch, Ossi Schmidt, Patrick Sheehan, Diarmuid Herlihy
Expedition/Marathon Swimming Versus Open Water Training

The list above is meant to capture long point to point (and perhaps back) swims in open water. These would be ocean, river or lake and temperatures, wind, waves, current and sun would be large variables. Example – every length between Sandycove and The Speckled Door is a real adventure!

The other category is open water training where the purpose is more endurance training (example laps of Sandycove Island). The best examples would be some of the English and North Channel training and support swims. Long “training” swimming is mentioned once per person (their most interesting/longest) in the next paragraph. This is meant to give a flavour of long training – not be an exhaustive list (only one mention per person). It sort of starts at 4 hours, 6 laps of Sandycove or 2 laps of Inniscara. Local English Channel solo swimmers are not mentioned below for anything at 6 hours and below!

2000 - 2004

Perhaps we can trace the roots of the Munster distance surge to Steve Black, Mike Harris, Imelda Lynch, Ossi Schmidt and Angela Stubbs. They would have completed the first known double lap of Sandycove Island. Angela’s 4 lap swim stood as a record until the Channel aspirants really started going in 2005.

2005 - 2010

Lisa Cummins – 19 laps of Sandycove
Stephen Redmond – 12 hours Lough Ine
Imelda Lynch and Liam Maher – 16 laps around Sandycove Island (23km)
Finbarr Hedderman – 8 hours around Sandycove (20km)
Oswald Schmidt – 12 laps around Sandycove Island (15km)
Ray Terry – 14 laps around Sandycove Island (18km)
Niall MacCarthy – 6 Sandycove laps
Colm Breathnach – 6 hours Inniscara
John Kearny – Lough Ine and Baltimore Harbour – multiple laps and hours
John Conroy and Ciaran O’Connor – 2 laps of Inniscarra (tower) “the reservoir dogs!”
Diarmuid Herlihy – 3 laps of Inniscarra (tower)
Niall O’Cruilaoich 6 hour swims in Dover Harbour (Sat and Sun!)
Ed Jeffries and Niamh Fitzgibbon then in wetsuits: Eilis Burns, Stephen Lynn, Kieran Nolan, Cornelius Bohane, 5 laps around Sandycove Island as part of the 2008 Irish Champions of Champions
Amy Wolfe 5 miles and 3 miles in Dover Harbour as part of 2008 BLDSA Champions
of Champions
6 hour qualification swims in Gozo Steven Black plus Liz Buckley (wetsuit) plus Noel Whitty (4 hours)
6 hour at Sandycove: Diarmuid Boyle, Nick Caine, Andrea Gellan, Charles Harper, Eddie Irwin, Thomas Kofler, Fredrik Kumlin, Kevin Murphy, Carl Richards, Breccene Ennis, Enda Kennedy, Craig Morrison (wetsuit), Neil Morton, Kieran O’Sullivan (wetsuit), Alan Smith, Karen Throsby and Andy Williams
8 hour swims at Sandycove: Robert Bohane, Donal Buckley Ciaran Byrne, Gábor Molnár and Paul Massey
6 hour swim Danny Walsh
8 hour swim at Caherdaniel Jennifer Hurley
8 hour swim at Clonakilty Chloe McCardel
5 hour swim Inniscara Padraig Leahy
Speckled door and a double lap of the island (5 miles) as part of the Champion of Champions – Julieann Galloway

2011
6 hour swim: Alan Clack and Kevin Williams

2012
6 hour swim: Bethany Bosch, Jim O’Connor, Alan Rodgers, Sarah Tunnicliffe and Stephanie Voss
8 hour swim: Roisin Lewis and Fionnuala Walsh
10 hour swim: Carmel Collins
Wetsuit: Páraic Casey
4 hour swim Deirdre Ward

2013
May – Guildford Lido (2C night air temperature) – 1 mile every hour for 24: Ned Denison
7 hour swim: Milko van Gool
6 hour swim: Bryan Avery, Jackie Cobells, Patrick Corkery, David Dammerman, Ella Dunn, Lynsey Dunne, Sylvain Estadieu (butterfly), Rory Fitzgerald, Brian Lanahan and Kari Lienhard-Hardman
Cormac McKenna, Ger Kennedy, Trevor Malone, Maeve Mulcahy, Anna-Maria Mullally, Penny Palfrey, Ranie Pearce, Jowita Pleskot, Ken Rodgers and Haydn Welch
In wetsuits: David Lee, Una McIntosh and Sarah McSweeney

2014
6 hour swim: Adam Walker, Adrian Healy, Alexia O'Maraa, Annabel Lavers, Colleen Mallon, Dan Curtis, Daniel Martinez-Lobo, Denis Flynn, Eoin O’Riordan, Jason Betley, Jeremy Irvine, Kate Robarts, Kate Steels-Fryatt, Keith Garry, Kieran O’Connor, Mark Evans, Maura Twomey, Philip Hodges, Steve Payne, Thelma Jones and Zara Bullen, Wetsuit: Alex Jeffers

5 hours: Gordon Adair
3 hours: Orla Houlihan

Fergus Galvin, Jonathn O'Regan, Brian O'Shea (wetsuit), John Ryan and Jim Shalloo
5 miles and 3 miles in Broadstrand as part of 2014 Irish Champions of Champions
Steve Foster (wetsuit) 10 laps

2015

6 hour swim: Carol Cashell, Orlando Hill, Matthias Kaßner, Sarah Kenyon, Volker Koch, Mike Latham, Kristina O'Donovan and John Tierney

Cyril Desmond and David Hodge (wetsuit) 5 miles and 3 miles, and Audrey Burkley 5 miles in Broadstrand as part of 2015 Irish Champions of Champions
Steve Foster (wetsuit) 10 laps

2016

8.5k Majorca: Riana Parsons and Marie Watson
8 hours Lough Ine Bernard Lynch
6 hour swim: Brendan O'Brien, Clodagh Murray, Gary Frost, Ion Lazarenco, Max Beer, Peter Huecker, Shubham Vanmali and Wes Nolan
5 hour swim: Audrey Burkley

End

**Donal Buckley and Roisin Lewis were typically not Cork residents – but were "adopted" as resident because they spent so much time at Sandycove. While not "adopted" yet – we do note Brian Lanahan from Charlestown South Carolina, USA, Sarah Tunnicliffe (UK) and Kevin Williams (Kerry) – earned a 100+ laps cap after several years at the Cork Distance Week!